

2020

OCT

MON	TUE	WED	THU	FRI	SAT	*SUN
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8



CLOSED

*Closed Sunday

In Studio Classes

TUES	WED	THURS	FRI	SAT COMPANY CLASSES	SUN - Starting 10/18 Creative Movement (3 to 4 years old)
3:00pm - 3:50pm STEP (BEATS) Remo	3:00pm - 3:50pm STEP (BEATS) Remo	3:00pm - 3:50pm Step (Beats) REMO	3:00pm - 3:50pm Step (Beats) REMO	10:00am - 10:50am Company Training Taylore & Remo	9:00am - 10:00am BALLET Helen
4:00pm - 4:50pm BACHATA/ MERENGUE Dabrali	4:00pm - 4:50pm BALLET/ CONTEMPORARY	4:00pm - 4:50pm Step (Beats) REMO	4:00pm - 4:50pm HIP HOP Brandon	11:00am - 11:50am Company Training Taylore & Remo	10:00am - 11:00am BALLET Helen
5:00pm - 5:50pm REGGAETON Dabrali	5:00pm - 5:50pm JAZZ Katelyn	5:00pm - 5:50pm HIP HOP Cris	5:00pm - 5:50pm HIP HOP Brandon	12:00pm - 12:50pm Company Training Taylore & Remo	11:00am - 12:00pm HIP HOP Helen/ Remo
5:50pm - 6:40pm Salsa on 2 - ADULT DABRALI	6:00pm - 6:50pm HIP HOP Katelyn	6:00pm - 6:50pm HIP HOP Cris	6:00pm - 6:50pm GYMNASTICS Brandon	1:00pm - 3:00pm PRIVATE CLASSES Taylore & Remo	1:00pm - 3:00pm CLOSED
7:00pm - 7:50pm CLOSED	7:00pm - 7:50pm CLOSED	7:00pm - 7:50pm ZUMBA - Starting October 29	7:00pm - 7:50pm CLOSED		

Live Virtual Classes

MON	TUES	WED	THURS	FRI	SAT
	6:00pm - 6:50pm Salsa on 2 - ADULT DABRALI	6:00pm - 6:50pm CONTEMPORARY Katelyn	6:00pm - 6:50pm ZUMBA - Nino	6:00pm - 6:50pm HIP HOP Cris	CLOSED
			6:00pm - 6:50pm STEP - Remo		

On Demand Classes - Available online 24/7

Hip Hop	Jazz	Latin Dance	Technique	Fitness	Creative Movement
Instructor: D, Ashley, Cris, Katelyn & Brandon	Instructor: Phebe	Instructor: Dabrali	Instructor: Remo & Helen	Instructor: Remo & Helen	Instructor: Helen
Hip Hop Beginners - Session 1	Keepin' it Jazzy - Session 1	Salsa on 2 - Session 1	Ballet w/ Helen - Session 1	Merengue Fitness w/ Remo - Session 1	Creative Movement - Session 1
Hip Hop Beginners - Session 2	Keep it Jazzy - Session 2	Salsa on 2 - Session 2	Ballet w/ Helen - Session 2	Pilates - Session 1	Creative Movement - Session 2
Hip Hop Beginners - Session 3	Keep it Jazzy - Session 3	Salsa on 2 - Session 3	Session 1	Pilates - Session 2	
Hip Hop Beginners - Session 4	Keep it Jazzy - Session 4		Session 2		
Hip Hop Advanced - Session 1			Session 3		
Hip Hop Advanced - Session 2			Modern w/ Helen - Session 1		